

Teachings from the Mystery School
The Maitreya Discourses
Chapter 3: “The Mystery School of Lord Maitreya”
Given by Jesus the Christ on May 31, 1984

Dictation Summary

In this landmark dictation, Jesus announces the dedication of the Inner Retreat “as the Mystery School of Maitreya in this age” (p. 15). Jesus also shares several critical keys for walking the path of initiation that leads to the ascension.

Core Concept

Maitreya’s Mystery School is an important dispensation, a precious gift that is tied to the requirement by the Lords of Karma of one ascension from planet Earth each year. Jesus teaches extensively on the ascension and the path that leads to the ascension.

Note

The discussion and reflection questions for this chapter focus mostly on Jesus’ teachings about the ascension. Since Chapter 4 of *The Maitreya Discourses* also contains important teachings about Maitreya’s Mystery School, there is a separate addendum of questions related to this topic at the end of the discussion questions for Chapter 4.

Group Discussion Questions

1. In the opening pages of Chapter 3, Jesus describes what it is like to make one’s ascension. What does he say about the ascension process? Why was it important to include this topic in this dictation? What can we learn from his words for our own future ascension?

2. On pages 14-15, Jesus gives an important teaching on the threefold flame (see the section, “The Hour of Your Cosmic Birth through Your Threefold Flame”). Summarize the key points Jesus makes in this section.

In this section, Jesus states:

Those, then, who are on the path of initiation realize that the way of the bodhisattva is the very way of the preparation for that day when the threefold flame—which by your devotion you magnetize, sustain, and daily empower from your own I AM Presence—is sufficient to hold the flow and the matrix of God consciousness where you stand. Little by little, the reinforcement of Almighty God through your I AM Presence does allow the withdrawal of the support (the lifeline) of the Lord of the World.

What are practical steps we can take to prepare ourselves for the day when we no longer need the support of the Lord of the World to sustain our own threefold flame? How can a spiritual community reinforce this important spiritual work?

3. In speaking of the reestablishing of Maitreya's Mystery School, Jesus says:

All of the ascended masters' dictations over the years have been to that end. And with the inauguration of the mission of Maitreya in this century and then again in this hour, you see that the momentum of all ascended masters' dictations gone before does increase the momentum of light and the ability of some, and not a few upon earth, to actually maintain an etheric consciousness.

(p. 17)

What does it mean to “maintain an etheric consciousness”? What are some benefits of doing this? What would our thoughts, feelings and actions be like if we lived in an etheric consciousness? What practical actions can we take as individuals and a spiritual community to strive to maintain this consciousness?

Personal Reflection Exercise

1. In this dictation, Jesus announced a momentous event for planet Earth. Reflect on what this renewed presence of Maitreya's Mystery School means for you personally. What are your thoughts and feelings about this? And what is it worth to you to preserve this dispensation?

2. A key announcement Jesus makes in Chapter 3 is that the dictations given through the messenger Mark L. Prophet will be released on audio cassette albums (known as the *Only Mark* albums, which are now available on audio CD). Jesus encourages us to play these dictations continuously in our homes and cars. He says:

And so it is, beloved ones, that the spoken Word of the Godhead through a living messenger now ascended may enter the inner ear, and you may rehearse what took place on the ancient continent of Lemuria long before the fall of the fallen angels when the mighty Teachers and the Manus¹ sat with you, one by one, and transmitted by an oral tradition in the ear, to the inner ear, the sound of the mantra, the sound of the Law, the sound of the Word. And it did quiver upon the eardrum and vibrate in the bones and register on the blood. And you were therefore fashioned out of the very Word of God spoken by the Manus and the Elohim.

¹ Manus [Sanskrit for “progenitors” or “lawgivers”]: The Manus are the sponsors who ensoul the Christic image for a lifewave, or root race. According to esoteric tradition, there are seven primary root races—individual groups of souls who embody together and have a unique archetypal pattern, divine plan, and mission to fulfill. For teaching on the golden ages of the first three root races, and on the allegorical Fall during the time of the fourth root race on the continent of Lemuria, see Mark L. Prophet and Elizabeth Clare Prophet, *The Path of the Higher Self*, pp. 60–88 and *The Path to Attainment*, pp. 278–86, 288–89. The fourth, fifth, and sixth root races (the latter not fully descended into physical incarnation) yet remain in embodiment on earth today; the seventh root race is destined to incarnate on the continent of South America in the Aquarian age.

In this day and age, therefore, you discover that in you listening to these dictations you will be fashioned anew, reborn as a new creature by the power of the ascending scale of these dictations. They are the fundamentals. They are the building blocks. And when you have heard all of these as the joyous lilt and rippling of the flame now grown to the size of your own body temple, and all of you has become the flame, and the Word has become all of you, you will know the meaning of the foundation of that power and build upon it and comprehend more fully the complex teaching released by the light of Omega through the Mother since the ascension of your beloved Mark.

(p. 20)

Perhaps you have already followed Jesus' direction regarding playing the *Only Mark* albums continuously in your home. Or maybe you have never tried this before. Either way, reflect on your personal path towards your ascension. Would you benefit from following Jesus' direction? If yes, make a commitment to do this. Consider journaling about your experience in the coming weeks/months.

3. During your group discussion, you reflected on what it means to live in the etheric consciousness. Armed with this understanding, answer the following questions:
 - a. On a scale of 1 to 10, how fully are you living in the etheric consciousness? What signs in your life tell you this?

 - b. Jesus explains that we can be in the etheric consciousness daily through "God-mastery, transmutation, and the overcoming of the densities of the flesh." Rate yourself on how you feel you are doing in these three areas. Is there one area that needs more attention than the others? What practical steps can you take to address weaknesses in these areas so that you can live more fully in the etheric consciousness?