

Teachings from the Mystery School
The Maitreya Discourses
Chapter 1: “Christhood: Present Attainment and the Goal”
Given by Jesus the Christ on February 14, 1988

Dictation Summary

In this dictation, the ascended master Jesus Christ shares about his mission and his relationship with his guru, Lord Maitreya. He instructs students on the path to pursue Christhood through the master-disciple relationship and offers keys for overcoming obstacles to one’s Christhood.

Core Concept

Jesus calls us to take up striving for our Christhood as an immediate and pressing goal in this dictation. A careful study of his words, along with self-reflection, will inspire the sincere student to take up Jesus’ calling and quickly!

Group Discussion Questions

1. What was the overarching theme of Jesus’ dictation? What are some passages from the dictation that point to this theme?

2. What did Jesus mean by the words, “Let those, then, who manifest the flame, the flame of loving-kindness of Maitreya, be self-revealing, not self-proclaimed”? (p. 2) What might this look like in daily life?

3. Early in the dictation, Jesus expresses an important key regarding the guru-chela relationship. He says:

Understanding, then, the continuity of my being in all of my bodies and of your continuity of being in all of your bodies, you ascend and descend that scale; you experience me in the seven chakras, for I AM the light of the world in you as ye are the light of the world in me. Only thus, by the master-disciple relationship, is the light Above manifest below and is the light below raised to the equivalency of the light that is Above.

Therefore, this master-disciple relationship is a self-givingness unto the Beloved.

(pp. 2-3)

How do we receive the Light of Jesus into our being? What does it look and feel like to manifest Jesus' Light (from Above) here below?

4. Jesus states: "Do not take for granted that your Holy Christ Self will descend into your temple and take over and suddenly a Son of God will appear. This is not the real teaching of the Path." (pp. 3-4) What does this statement tell us about the process of bonding to our Holy Christ Self? What keys does Jesus give in his dictation about how we can pursue this bonding? (See pp. 3-5.)
5. Toward the end of the dictation, Jesus says, "Let the power of God in you, then, seek first things first and know that to be a messiah, a leader of men and nations, this Christ must be firmly ensconced, fixed in your being, integrated with you chakra by chakra. This is the immediate goal. Pursue it daily." (p. 5) What do his words mean for individuals and for the community?

Personal Reflection Exercise

On page 3, Jesus asks us to take a careful self-assessment of our current level of attainment. He says:

Come unto my heart and know me, then, as the son, the “sonshine” of Maitreya. Know, then, that my mission, going before him, even as John the Baptist went before me, was to clear the way for the coming of this universal Christ in all sons of God upon earth. The title Son of God is a level of attainment, beloved, beyond that of child of God.

Therefore, I come in this hour to contact those who know you are sons of God yet who also know that you are not manifesting the fullness of the attainment of the Son of God that you have at inner levels and that you have had in past golden ages.

Blessed ones, the recognition of one’s inner attainment and the awareness that by karma or neglect one has not brought forth that light in this life is surely a moment, a moment of inner recognition, a sense of the gap between a manifest Reality that could be and somehow a vacancy that yet is.

This self-assessment, beloved, is necessary. One may affirm in a decree “I AM a Son of God,” but there is a level of the incarnation of the Son that one must realize in order to be that absolute decree in manifest actuality. Do not take for granted that your Holy Christ Self will descend into your temple and take over and suddenly a Son of God will appear. This is not the real teaching of the Path.

In the first instance one must study what is that karma that prevents the fullness of the inner attainment from being the working person that you are in form. Then you must assiduously invoke the violet flame for the binding of that interloper who has come to occupy your house, not necessarily with your permission. He did not knock but entered and when you saw that one in your house, instead of putting him out, you accommodated. I speak of the dweller-on-the-threshold, a self-created not-self, the antithesis of my Christ and thy Christ, truly the antithesis of Maitreya.¹

Therefore, beloved, as some are, as you would say, wishywashy, spineless, allowing into their consciousness and their homes the unwanted guests and thoughts and feelings, as some have not the fire of vajra² and the determination and the zeal of the Lord to expel these unwelcomed inhabitants, so I say to you, beloved, the day is past when you who know

¹ Dweller-on-the-threshold. A term sometimes used to designate the anti-self, the not-self, the synthetic self, the antithesis of the Real Self, the conglomerate of the self-created ego, ill-conceived through the inordinate use of the gift of free will, consisting of the carnal mind and a constellation of misqualified energies, forcefields, focuses, animal magnetism comprising the subconscious mind. For further teaching, see Mark L. Prophet and Elizabeth Clare Prophet, *The Enemy Within: Encountering and Conquering the Dark Side*.

² *vajra* [Sanskrit]: rendered as thunderbolt or diamond; that which is hard, impenetrable; that which destroys but is itself indestructible; a scepterlike symbol of the thunderbolt, representing the adamant nature of Truth, used in rituals, especially of exorcism of demons. The *vajra* is thought to cleave through ignorance and therefore symbolizes the indestructible nature of the Buddha’s wisdom and the victory of knowledge over illusion. In Vajrayana Buddhism, it is the symbol of *bodhicitta*, or enlightenment.

you are a son of God can tolerate or allow compromise any longer. I say it is long past and far spent because I see the cycles of your own personal cosmic clock and the planetary clock.
(pp. 3-4)

Reflect on Jesus' words and the meaning they hold for you personally. Then take a self-assessment of how well you feel you are manifesting your Christhood. You may wish to use the following questions as a guide.

1. What are specific areas in my understanding, behavior and psychology where I know I have made great strides towards manifesting my Christhood?
2. In which areas of my being am I lagging behind or haven't yet fully realized my Christ potential?
3. What are the top three things I should work on to bridge the gap between my present state of consciousness and manifesting my full Christhood?
4. What are some practical steps I can take in each of these areas that will help me answer Jesus' call to pursue Christhood immediately and daily?